NE FAMILIES OF 4TH & 5TH GRADERS

We are hearing from many of you about struggles helping your children show kindness behind the screen. There is no question that technology has transformed the lives of our children. Their brains are not prepared to manage this realm. For many parents, helping their child navigate this new online space can be challenging. But with the right approach, parents can set positive examples for their kids and teach how to use social media responsibly and respectfully: promoting DIGITAL CITIZENSHIP.

SOCIAL EMOTIONAL LEARNING (SEL)

Years of research from the Collaborative for Academic, Social, and Emotional Learning (CASEL) identifies that socially and emotionally competent children are skilled in these five areas: They (1) are self-aware, (2) are able to regulate their emotions, (3) socially aware, (4) have good relationships, and (5) are able to demonstrate responsible decision making.

EVERYDAY our teachers are working on these skills with their students in various and creative ways. Throughout the school year, each class also has the opportunity to dive a little deeper into these skills.

KINDNESS BEHIND THE SCREEN

The week of February 13th is Random Acts of Kindness Week. In addition to some school wide activities, we are hosting a Kindness Behind the Screen talk with our 4th & 5th graders. Detective Cook, NE School Resource Officer, will engage our students in meaningful conversations on appropriate & inappropriate use of social media and other online platforms.

More info to come about an evening presentation for 4th and 5th grade families to hear a panel on:

- The Law
- Schools response to online behavior
- Strategies to help navigate behind the screen behavior & how you play an important role in this partnership with your child.

CONNECT WITH ME

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