If your child has COVID-19 Symptoms

- Individuals with COVID-19 compatible symptoms who have not been tested or who have tested positive should stay home for at least 10 days and until 24 hours have passed after resolution of fever without fever-reducing medications and improvement of symptoms. *(Road Forward pg 10)*

- Those individuals who test positive for COVID-19 but are asymptomatic should stay home for 10 days from the positive test and may return to school on day 11.

If your child is exposed to a COVID-19 Positive Case:

- The use of face masks will significantly reduce the need for students to quarantine.

- A student who was within 3-6 feet of an infected student, where both the infected student and the exposed correctly and consistently wore well-fitting masks the entire time, will not be required to quarantine.

- If the COVID-19 positive individual is NOT properly wearing a face mask the quarantine timeline will be guided by the Regional Risk Matrix transmission rate as follows:
  - **High Level (orange)** - 14 days
  - **Moderate or Low Level** (yellow or green) - 10 days or 7 days with a negative test result collected at 5-7 days.

- Individuals who have been diagnosed with COVID-19 in the past 90 days who have close contact with someone with COVID-19 and are asymptomatic do NOT need to be excluded from school and do not need to be tested.

If your child has a household member with COVID-19

- Individuals who are fully vaccinated and do not exhibit symptoms do not need to quarantine if they are exposed to a positive case. Individuals should test 3-5 days after exposure and monitor for symptoms.

- Household contacts of a COVID-19 case should self-quarantine for 10 days (without testing) or 7 days (with a negative test collected at 5-7 days) AFTER their last close contact with the case.

- If the COVID-19 case can successfully isolate in a separate bedroom away from others in the home, household contacts should quarantine for 10 days (without testing) or 7 days (with a negative test collected at 5-7 days) from the date of their last close contact with the COVID-19 case.

- If the case is unable to successfully isolate, household contacts should continue to quarantine for 10 days (without testing) or 7 days (with a negative test collected at 5-7 days) AFTER the COVID-19 case’s 10-day isolation ends.

If your child travels

- While there is no statewide travel advisory or mandate in place at this time, schools are encouraged to have a policy for exclusion for students and staff that travel that is consistent with CDC COVID-19 travel recommendations.

- Please see page 12 in the *Road Forward, Health and Safety Guidance for Schools*.

  - **Unvaccinated:**
    - The CDC recommends that travel be delayed for those who are not fully vaccinated. Unvaccinated staff and students must continue to follow the CDC Guidelines which require 10 days of quarantine without testing or 7 days of quarantine with a negative test taken on days 3-5 after travel.

  - **Fully Vaccinated:**
    - For those who are vaccinated, NJ residents returning home after travel do not need to be quarantined but should still follow travel guidance from the CDC, NJDOH, and all local health and safety protocols. Individuals should test 3-5 days and monitor for symptoms after travel.

Acceptable tests:

- **PCR test/Molecular test completed by a healthcare professional.**
  - Antigen and Home test results are not accepted.