RJ circle this week!

Team Building Game: Body parts – put 4 knees together, 50 toes, 6 elbows

Check in questions of the week:
How are you and what is your favorite meal? (Think family tradition, culture, ethnicity)

Mindfulness- Origami as a mindful and relaxing activity.

Activity/Discussion: How can we deal with situations when others distract or disrupt or annoy us? What are good techniques and words to use when your asking someone to stop? Last week most classes made lists of behaviors they found annoying. This is because school wide they have been calling each other annoying we hope to provide them with language and choices for how to address and handle these types of situations. Using different behaviors from the list students participated in role play to find successful ways to address what they find "annoying".

Restorative Justice (RJ) is an indigenous philosophy that emphasizes building relationships. If there is a need to repair harm caused by conflict and wrongdoing, restorative justice provides an opportunity for everyone impacted by an incident to come together in a safe space to address their feelings and needs, and reach a resolution that heals and restores relationships.