December 2, 2022

**Governor’s Educator of the Year Award**

Congratulations to Mr. Liddy, Bradford’s recipient of the GEOY Award from the 2022-23 school year! This coveted award recognizes excellence in educational experiences for students. Mr. Liddy is also a wonderful team member that is always willing to collaborate and assist with communal endeavors. We all appreciate the humor, charisma, and warm personality that Mr. Liddy brings to our school.

3rd grade Buffalo Hide Writings in Ms. Eckardt’s Class
5th grade Activities: An exciting trip to Panzer Gym at MSU, students participated in several stations that spoke to different activities.

They also made gratitude jars right before the Thanksgiving break: You put what you are grateful for on a slip of paper and share it at your family dinner. Thank you Ms. Sandusky for your wonderful idea and assistance.

A trip to Essex County to learn about the Lenape Experience
Note from the Health Office:
- With flu season upon us - it is helpful to track the types of illness in the school. With that in mind - when you call your child out - can you please let me know if your child was diagnosed with Flu, RSV, bronchitis, etc.

Counselor’s Corner:

SEL and Gratitude This month students have been learning about kindness and gratitude. SEL has aligned with Restorative Justice and has been holding enriching, fruitful RJ circles on gratitude and kindness. Mrs. Asaro and Ms. Goff will continue to hold RJ circles throughout the year focusing on various topics to enhance our SEL.

It Pays To Be Kind People who are constantly kind produce 23% less cortisol, which is the stress hormone. Because of the lower levels of stress, people who practice kindness age slower than the average population. Benefits of Gratitude • Enhanced Well-Being • Deeper Relationships • Improved Optimism • Increased Happiness • Stronger Self-Control • Better Physical and Mental Health • An Overall “Better Life”

Ways to Cultivate Gratitude • Write a “Thank You” note • Thank someone mentally • Keep a gratitude journal • Meditate

HOLIDAY GIFT GIVING-2022

Holiday season is right around the corner! The Bradford Community would like to offer some holiday cheer by offering gift assistance to those in need. If you feel that you and your family would benefit from such assistance please complete the confidential google form linked here by December 1st. The gifts are donated by our wonderful Bradford community along with our staff and all is done on a strict schedule to ensure delivery for the holidays. Late requests will not be processed.

https://docs.google.com/forms/d/e/1FAIpQLSdL34TVYeABsDofR2YsYwK_j1fAsNsS6UdCX2Adjhxzs_GI0Q/viewform?usp=sf_link

Upcoming Events

December 7: Abbreviated Day (PTConference: Evening)
December 8: Abbreviated Day (PTC: Afternoon)
December 8: SATp Meeting (6-7pm at 6pm)
December 9: Abbreviated Day (PTC: Afternoon)
December 15: Curriculum Thursday (Abbreviated Day)
December 20th: Winter Concert: K-2nd (9:15-10am) 3-5th (10:15-11am)
December 23: Abbreviated Day before Winter Break
January 3: District Reopens: Students return from Winter Break