Positivity Opportunities!

Calling all Montclair students and families! Have you wondered about ways you can spread some positive thoughts and encouragement during this stressful time? Consider lending your creativity, goodwill and kindness to one of the following projects led by Buzz Aldrin Middle School.

**MAIL a letter to a Nursing Home Resident**
Seniors who live in nursing facilities are in need of some encouragement and good thoughts! Have a creative side that needs an outlet? Create a special card, picture or letter to mail to a nursing home senior! Sign up below!

[Mail a letter to a Nursing Home](#)

**COMMUNITY CONNECTION:**
**CREATE a card for those serving the community**
Want to spread positivity, gratitude, and encouragement to those serving our community during this time? Medical staff and first responders are working nonstop right now. They are receiving well-deserved praise on social media and even receiving gifts and food! Let’s do even more! Our goal is to decorate their halls and walls with encouragement and gratitude! Create special cards, pictures or encouraging signs! These creations will be given to staff at local hospitals, our local first responders and Toni’s Kitchen workers.

[Community Connection Card Directions/Card Drop Off Links](#)

**EMAIL a Letter to a Nursing Home Resident**
Seniors who live in nursing facilities are in need of some encouragement and good thoughts! Please sign up to email a resident at one of the nursing homes on the google doc and brighten the day of a senior!

[Email a Letter to a Nursing Home Senior](#)