Buzz Aldrin Middle School and the Start with Hello Program, acknowledge that *Living with Food Allergies does take Courage*

Start with Hello’s mission is to provide students and staff opportunities to support each other in order to promote a positive school culture.

*This means:*

-we feel connected and included

-we perform better in our duties and our studies

-we thrive because we feel loved and supported

*The Connection........

Food Allergies; *isolate, intimidate and humiliate......... but only if we let them.*

The FIRST STEP is Education...... Understanding and awareness can make a world of difference.
We Are More than our Food Allergies
Montclair Students, and Alumni, shine a light on Food Allergies

Some facts about Food Allergies..............

● They affect 1 in 13 children in America (that’s 2 in every classroom), and 1 in 10 adults.
● They don’t discriminate against age, race, ethnicity, class or gender.
● About 1 in 3 children with food allergies reports being bullied as a result.
● They are a silent disability as they are not visible, but they are life altering for anyone who has them.
● Currently, there is no cure for food allergies.
● They can end a life in a matter of minutes.